



Co-funded by the
Erasmus+ Programme
of the European Union



DATES:

26 OCTOBER

02 NOVEMBER

2022

VENUE: POGRADEC, ALBANIA

TRAINING COURSE

**DEVELOPING CAPACITIES OF ORGANIZATIONS WORKING
ON GENDER INEQUALITY IN RURAL AREAS**

Project General Info

Main goal of the project "Developing Capacities of Organizations Working on Gender Inequality in Rural Areas" is to increase capacities of the organizations representing Albania, Romania, Kosovo, Germany, Greece, Bosnia and Herzegovina, Poland, Serbia to deliver activities fighting the roots of gender inequality and leading to gender empowerment.

Project objectives:

1. To equip the organizations by knowledge, tools enabling them to identify and to understand the roots of gender inequality in rural areas;
2. To train staff of participating organizations to design and deliver activities addressing gender inequality and leading to empowerment;
3. To increase community awareness in rural areas on the importance of empowering girls and women;
4. To improve networking amongst involved CSOs and other stakeholders, support sharing best practices and developing new project ideas leading to creating more gender equal societies.

Set project goal and objectives are in line with the vision of the organizations and their long term goals. The project reflects the European policies and priorities set by Europe 2020 including promoting gender equality and women's rights across the world and integrating a gender equality perspective into all EU activities and policies including youth one. The project goal and objectives we will meet through series of capacity building and mobility activities. Key project results will be "Guidelines for Youth Workers and Educators: How to Empower Young Girls and Women Coming from Rural Areas", Booklet of Good Practices and new local, national and international projects addressing gender inequality.

Training Course

Training course will consist from following main blocks of activities: getting to know each other activities, clarifying the key concepts and terms linked to gender empowerment, fighting gender inequality, girls and women empowerment, involving boys and men in gender related activities, SWOT analyses of the communities with goal to identifying the obstacles and challenges preventing girls and women empowerment, developing competencies of the participants to address these challenges in innovative way, getting to know practices from other countries, identifying the role of other actors in the process of empowering girls and women e.g. role of local religious authorities.

Target Group

Each partner has to select and send 3 participants who has to be youth workers, educators, project managers, coordinators with previous experiences in youth work and covering the issue of girls and women empowerment at their work. Preferably 20+ years old. with good command in English language and ready to follow all the program. To disseminate activities in local level and act as multipliers of this event.

Partner organizations during selection has to involve people from different genders and as well participants with fewer opportunities. In case you cannot keep this balance contact with organizers.

Venue

The activity will take place in Pogradec, Albania. Participants who will travel by plane can come to Tirana airport since this is the nearest destination. Participants coming by plane has to use bus from airport to reach the Tirana city. The airport bus stop is situated south of the terminal, it is on your left when you walk outside. In the city centre, the bus stop behind the National Theatre of Opera and Ballet of Albania close to Skanderbeg Square (Sheshi Skënderbej). A ticket costs 400 ALL or 4 EUR per person and is available from the driver. Other participants who will travel by bus can stop at main bus station in Tirana and from there you will be helped by our volunteers to reach Pogradec. The name of the hotel is Lake Park. You will be accommodated in rooms with 2-3 people divided by gender. The hotel will provide bed linen and towels you need to bring your own toiletries. Hotel has free WIFI in the working room.

We strongly recommend participants to inform the organizers about any special needs such as dietary, vegetarian or any other kind of special needs.

Weather

The weather in Albania on end of October and beginning of November is cold thus you must pack with your clothes and shoes which are for this weather. However for more info please check <https://weather.com/>

Financial Aspects

Food and accommodation it is covered by hosting organization. Travel costs are covered up to the limit. Participants from Romania, Germany and Poland have 275 Eur as travel limit, participants from Greece, Bosnia and Herzegovina, Kosovo and Serbia has 180 EUR as travel limit participants from Albania has 20 EUR as travel limit. All travel costs are eligible to be reimbursed if you used cheap means of travel and have delivered to us all original tickets and boarding passes. In case the documents are missing we will not be able to reimburse you. Taxi costs are not eligible to refund. Visa costs are covered 100%.

DO NOT BUY TICKETS WITHOUT PRIOR CONFIRMATION FROM THE HOSTING ORGANIZATION!

The activity dates are **26th October - 02nd November 2022**. The travel dates are 26th October (arrival) and 02 November (departure). Please, keep in mind that we provide lodging only for the duration of the project and not more. Participants can stay 2 days before or after the activity to be eligible for travel costs but we cannot cover any other extra costs. for this activity we do not apply a participation fee.

Reimbursements Conditions

Reimbursement of your travel costs can only be done upon submitting ALL the original tickets, invoices, boarding passes tags, etc. - or upon presenting the payment evidence along with the original ticket or e-ticket (with the boarding pass wherever applicable) and submitting us the respective copies.

To be reimbursed, the participants need to take part in all the duration of the training course, all the activities and to do dissemination and visibility post and articles in their own and organization social media.

Reimbursement will be done in EURO, based on the exchange rates given by the Erasmus + Programme.

The reimbursements will be done through bank transfer to one account number for each partner organization upon receiving all the original tickets, invoices, boarding and dissemination.

For your reimbursement it is essential that you travel directly without any longer stop-over from your home town to the venue in order to arrive and departure on the given project dates!

Draft Programme

Day 1

Opening of Training Course, Introduction of the Team, Participants, Getting to Know Each Other Experiences in the Gender Empowerment, Fighting Gender Inequality in Rural Areas, Team Building Activities, Exploring Local Surroundings through City Game, Discussion on Non-formal Education, Input on YouthPass

Day 2

Gender In(Equality): Raising Knowledge on the Concepts, Methods, Tools. Participants will increase their knowledge and competences in relation to gender empower by exploring various concepts, methods and tools.

Day 3

Working with Local Community. Working with Boys and Men. Participants will increase their competences to work with their communities in addressing the roots of gender inequality. They will reflect on the role of boys and men in rural areas and work on ideas of their involvement in the activities leading to gender empowerment.

Day 4

Gender Equality: Challenges and Obstacles. Participants will analyse situation in their communities with aim to gain better understanding of local conditions in framework of achieving gender empowerment. The participants will take part in simulation with aim to raise their understanding on position of girls and women and they will increase their competencies to respond on their needs and interests.

Day 5

Involvement of Girls and Women. Participants will work on their competencies needed as youth workers, leaders at their work. They will create empathy maps of their target groups to gain better understanding of them and work on their communication, empathy competencies.

Day 6

Gathering Lessons Learned. Closing of Training Course. Final Evaluation Session.

Partner Organizations

1. For the Gender Integration Association-Albania Applicant organization
2. ASSOCIATA EURODEMOS-Romania
3. KOSOVA YOUNG LAWYERS-Kosovo
4. NGO NEST Berlin-Germany
5. PLATFORMA GIA TIN EKPAIDEUSI KAI KATARTISI POLITON – ELLAS-Greece
6. BOSNIAN REPRESENTATIVE ASSOCIATION FOR VALUABLE OPPORTUNITIES-Bosnia and Herzegovina
7. Idea For Life-Poland
8. KLUB ZA OSNAZIVANJE MLADIH 018 UDRUZENJE-Serbia

COVID-19 rules

Since we are living in COVID times we recommend you to check the rules in your countries before you travel. At the moment in Albania you can enter freely, however if any changes will be set up we will inform you. The best option it is to select and send people who are vaccinated thus in case of changes we are prepared. During the travel most of the airplane companies they still require people to use masks, thus make sure to have masks with you.

WHAT TO BRING

Materials to present your organizations for NGO fair.

Traditional food and drinks to present your own cultures and traditions for intercultural evening.

Purchase travel insurance and check out if your travel insurance covers COVID - related problems. The costs for travel insurance cannot be cover from the project budget.

Pack with you medicaments that you are using, as well as medicaments for temperature that you are used to.

Some activities will be outdoor thus bring comfortable clothes and shoes.

CONTACTS

All questions concerning the seminar and project can be addressed to:

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JOIN our fb group: <https://www.facebook.com/groups/958842145024799>